

# Manuscript Submission Process

Natural Resources for Human Health



# Step 1: Access Editorial System

Go to the Editorial System at  
<https://www.editorialsystem.com/nrfhh>



## Step 2: Create an Account / Login



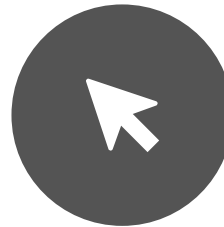
NEW USERS: CLICK ON  
'CREATE ACCOUNT'



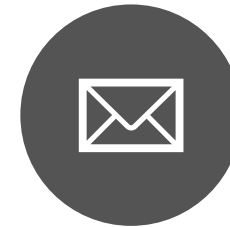
- FILL IN PERSONAL  
DETAILS: NAME, EMAIL,  
AFFILIATION, PASSWORD,  
ETC.



- CONFIRM  
REGISTRATION VIA EMAIL  
LINK



RETURNING USERS: CLICK  
ON 'LOGIN'



- ENTER EMAIL AND  
PASSWORD

# Step 3: Start New Submission

Navigate to 'Submit  
Manuscript' and click on  
'New Submission'



# Step 4: Select Article Type

Choose the appropriate article type (e.g., Original Research, Review, Letter to Editor, Molecule of Interest, etc.)



## Step 5: Enter Manuscript Information



- TITLE OF THE  
MANUSCRIPT



- ABSTRACT



- KEYWORDS



-  
CORRESPONDING  
AUTHOR DETAILS



- CO-AUTHORS'  
DETAILS

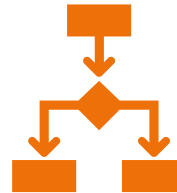
## Step 6: Upload Manuscript Files



- Main Document: Upload the main manuscript (without author details, it is required for double-blind review)



- Figures and Tables: Upload all figures and tables separately



- Supplementary Material: Upload any supplementary data/files

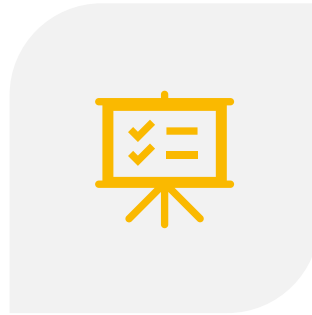
# Step 7: Cover Letter

Write and upload a  
cover letter to the editor

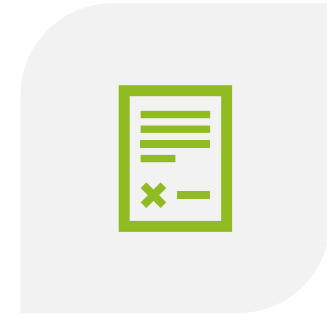




## Step 8: Ethical Statement and Conflict of Interest Disclosure



- INCLUDE AN ETHICAL  
STATEMENT (E.G.,  
DECLARATION OF HELSINKI)



- DISCLOSE ANY CONFLICTS  
OF INTEREST

## Step 9: Suggest Reviewers

- Provide names and contact information of suggested reviewers



- Optionally, specify non-preferred reviewers

The background of the slide features a light blue, blurred image of a document. A silver pen is positioned in the upper right corner, pointing towards the center. Below the pen, a line graph is visible, showing a fluctuating upward trend. The overall aesthetic is clean and professional, with a focus on business and data analysis.

# Step 10: Review and Confirm Submission

Review all entered information and uploaded files, then confirm submission

Step 11:  
Acknowledgment  
of Submission



- RECEIVE AN EMAIL  
ACKNOWLEDGMENT OF  
SUBMISSION



- TRACK SUBMISSION  
STATUS VIA THE EDITORIAL  
SYSTEM DASHBOARD

# Notes



- Ensure all manuscript files adhere to the journal's formatting guidelines.



- Double-check for completeness and accuracy of all details before final submission.



- Keep track of submission status and respond promptly to any editorial requests.